

Mobility (R& P Ch.8, pg 76) <small>sm 7/1/23</small>			
Level	Pre-requisite Scores	Previous Experience	Mobility score to advance to the next level
1-2	None		None
3	None		None
4	None	L4 or L5	34.00 AA @ L4 <b>*NEW* L4 to L6</b> with a minimum 36.00 AA at 2 separate USA Gymnastics sanctioned L4 meet Can use results from 2022-23 season (NDP 8/1/23)
5	34.00 AA @ L4	L5 or L6	32.00 AA @ L5 Mobility back and forth between L5 & L6 allowed
6	32.00 AA @ L5	L6 or L7	32.00 AA @ L6 L6 may be skipped if a 32.00 AA was achieved at L5
7	32.00 AA @ L5 or L6	L7 or L8	32.00 AA @ L7 IES 8.5 per event
8	32.00 AA @ L7	L8 or L9	34.00 AA @ L8 IES 8.5 per event
9	34.00 AA @ L8	L9 or L10	34.00 AA @ L9 to move to L10 IES 8.5 per event
10	34.00 AA @ L9	L10 or Elite	None

\* Any gymnast who has had previous competitive experience other than USA Gymnastics but including USA Xcel athletes, and who is a minimum of **12 years** of age is eligible to petition by submitting a formal written request to the SAC for **entry into L7** and below. The petition must be accompanied by a video that demonstrates her skill level.

**LOCAL MEETS**

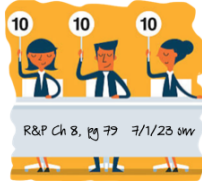
- Includes Dual/Triangular meets between clubs, Inter-Squads, and Invites

**Local meets may be used for**

- Mobility only OR
- Qualification to the pre-Sectional Qualifier, Sectional, or State Championships, at the discretion of the SAC
- Needs to be SANCTIONED

**JUDGE**

- MUST** be judged by a **minimum of 2-qualified judges per event**
- EXCEPTION: 1-judge panels ARE allowed at Compulsory Level 1, 2, 3, 4, and 5 (Mobility)**
- Any local meet that directly qualifies a Level 5 gymnast to a State Championships **MUST** be judged by a 2-judge panel



Mobility